On behalf of the Nordic Gerontological Federation, the Danish Society of Gerontology, and the Danish Geriatric Society, we welcome you to the 26th Nordic Congress of Gerontology in Odense (26NKG).

We have been looking forward to seeing you – finally, we may add. As most of you know, due to the corona pandemic the 25th Nordic Congress was postponed from 2020 to 2021. Moreover, the congress was completed online, and we all missed the opportunity to visiting lovely Iceland. Even though it was a fantastic congress providing good opportunities to give and receive new knowledge, being together in person is something quite different. To quote the president of the Nordic Gerontological Society Steinunn Thordardottir, “the greatest magic usually happens between formal sessions, when meeting the „rock-star“ of your field during a coffee break or tracking down a researcher from another country who shares your interests and might be a good collaborator”.

The theme of this year’s congress is CHANGE & CONTINUITY. Life is about change and continuity. We experience ourselves and our surroundings differently throughout life. For most people, later life is often characterized by major transitions, moving towards frailty and multiple losses – but it may also be a life with more time to engage in preferred activities, to explore new possibilities, and to come to terms with or embrace new challenges. The corona pandemic proved to be a challenge to the world beyond imagination, particularly to frail and vulnerable people and societies. However, it has also given us valuable new insights and reminded us of the values in life.

We are extremely pleased to have received a large number of high-quality abstracts on a great variety of topics, reflecting the five pillars of the Nordic Gerontological Federation: biological and medical sciences; health sciences; behavioural and social sciences; humanities and arts; and social research, policy and practice. This has resulted in a promising scientific programme that includes 8 keynote speeches, 44 symposia, more than 100 free oral presentations and 160 posters. We hope that this congress, like others before it, will prompt fruitful meetings and new collaborations.

Odense in springtime provides a stimulating and cheerful backdrop for the congress – days are getting longer, trees are freshly leaved, and (hopefully) the sun is luring people out into the parks and streets. We wish you a pleasant stay and a productive congress.

Let the magic begin!

Jette Thuesen, President
Pia Nimann Kannegaard, Secretary General
Conference venue
The congress will take place at ODEON from June 08-10. The meeting rooms are located as follows:

<table>
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<tr>
<th>Function Space</th>
<th>Building</th>
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Registration desk opening hours
June 08, 2022: 08:00 - 17:30 / June 09, 2022: 07:45 - 17:30 / June 10, 2022: 07:45 - 14:30

Poster sessions
All posters will be displayed in ODEON foyer (ground floor) on June 08 and 09. There are 2 poster sessions and the assigned authors will be present for Q&A. For services please contact the registration desk.

Poster session 1, 14:30-15:00 Wednesday June 08: Odd numbered posters Q&A
Poster session 2, 10:00-10:30 Thursday June 09: Even numbered posters Q&A

Abstract book
Electronic version abstract book is published online at www.26NKG.dk under Abstract menu. The book includes abstracts for symposium, oral and poster presentations. All the abstracts are sorted by the alphabet order of the symposium/abstract title.

Wi-Fi network
ODEON Building & Comwell H.C. Andersen Hotel
Network name: WIFI4EU
Password: No code needed

Lunch and refreshments
Lunch and coffee breaks are included in the registration fee and will be served in the exhibition area on ODEON foyer on the 1st floor. The serving times can be found in the detailed program.

COVID-19 Information
Since February 2022 there has been no restrictions in Denmark, restriction can however change anytime. It is delegate’s own responsibility to provide the valid documentation if required. Please update yourself for the latest restrictions: www.coronasmitte.dk for more details.

Badges
Name badge should be picked up at the registration desk and is required for accessing lectures, lunch and coffee servings, exhibition area and social events. Please wear your name badge throughout the conference.

Odense information
Official tourist information site: www.visitodense.com
Plan your trip in Denmark: www.rejseplanen.dk

Emergency contacts
Emergency: 112 / Police emergency: 114 / Odense Police: +45 6614 1448 / Medical assistance: 118
SOCIAL EVENTS

**June 08, 2022, 19:00 - Welcome Reception**
Welcome reception at Odense City Hall (Flakhaven 2, 500 Odense), just 3-400 m from the Congress Center. Free of charge. Pre-registration is required. Please remember to wear your name badge.

**June 08, 2022, 21:15 - Night Watchman**
Meet the group in front of the city hall. Free of charge. Guided walking tour (in English). No pre-registration is required. We have maximum capacity of 200 participants and it will be on a first-come, first-served basis.

**June 09, 2022, 19:00 - Conference Dinner**
Conference dinner at the venue starts at 19:00. No transportation is provided. Pre-registration and payment is required in order to participate the event. Please remember to wear your name badge as it is your ticket to access the dinner.

**June 09 & 10, 2022, 06:30 - Morning Swim in Odense Harbour**
Meet the group in front of the conference venue. There will be a short walk from the conference venue to the harbour. Return to the conference venue at around 07:45-08:00.

**June 09 & 10, 2022, 07:00 - Morning Run to River and Odense Old Town**
Meet the group in front of the conference venue. There will be 2 running groups for different distances (3km and 5km). Runners will be guided by the instructors. Return to the conference venue at around 07:45-08:00.

**June 09 & 10, 2022, 07:00 - Morning Gymnastic**
Meet the group in front of the conference venue. Gymnastic will take place in a public square nearby the venue. Instructor will offer 20-25 minutes morning gymnastic for those who need to gently wake up their bodies.
The Sohlberg Prize winner 2022

Professor Susanne Iwarsson
Professor in Gerontology, University of Lund, Sweden

Promising researcher in Gerontology

Ida Karlsson
Post doc, Karolinska Institutet, Department of Medical Epidemiology and Biostatistics

26NKG Travel Grants

Sweden
Alexandra Wennberg, Post doc, Karolinska Institutet
Roar Hermansen Ostby, PhD candidate, University of Gothenburg

Finland
Katja Lindeman, PhD candidate, University of Jyväskylä
Katariina Tuominen, PhD candidate, Tampere University

Iceland
Inga Valgerður Kristinsdóttir, PhD candidate, The University of Iceland
Berglind Soffía Ásbjörnsdóttir Blöndal, PhD candidate, Heilsuvernd

Norway
Inger Molvik, PhD candidate, the Norwegian National Centre for Ageing and Health.

Denmark & The Faroe Islands
Katrine B. Komischke-Konnerup, PhD candidate, Aarhus University
Eina Eliasen (The Faroe Islands), PhD candidate, Department of Occupational Medicine and Public Health, the Faroese Hospital System.

Latvia
Madara Mikelsone, Riga Stradiņš University
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PROGRAM
From 08:00
Registration desk is open and coffee in the lobby

10:00 - 12:00 - Plenary Room

**OPENING CEREMONY**
Sarah Pini and SDU dance company: Karen’s shoes
Ejnar Stig Askgård: Ageing in Hans Christian Andersen’s fairy tales.

**KEYNOTE LECTURE**
**Change and Continuity among the Oldest in Society**
Kaare Christensen - Professor of Epidemiology, University of Southern Denmark

**KEYNOTE LECTURE**
**Old Age in Literature: Continuities and Changes**
Peter Simonsen - Professor, Department of The Study of Culture, University of Southern Denmark

12:00 - 13:00
Lunch, posters and exhibition

13:00 - 14:30 - Symposium Sessions

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<td>Experiences of everyday discrimination and memory in ethnically/racially diverse middle-age Americans</td>
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<td>Dominika Seblova, Columbia University Medical Center</td>
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<td>Does (re-)entering the labor market at advanced ages protect against cognitive decline?</td>
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<td>Jung Hyun Kim, University of Luxembourg</td>
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<td>Country-level Variation in Dementia Prevalence in Europe: A Comparison of World Alzheimer Report and SHARE data</td>
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<td>Matthias Klee, University of Luxembourg</td>
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<td>Why should we discuss gender inequalities in Latin America and their effects in later life?</td>
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<td>Application Scenarios for Artificial Intelligence in Nursing Care: Results of a Rapid Review</td>
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<td>Dr. Katarina Bourazeri, University of Essex, UK</td>
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<td>Potential of AI to design and deliver personalised prevention programme</td>
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<td>Prof. Dr. David Beckwée, Vrije Universiteit Brussel, Belgium</td>
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S3
(Room 2)

Social exclusion and loneliness – meanings, risk factors and consequences in four Nordic countries
Chair: Charlotte Juul Nilsson - University of Copenhagen, Department of Public Health, Section of Social Medicine

Old-age social exclusion in home care: prevalence, meanings and intervention
Elisa Tiilikainen, University of Eastern Finland

Are memory decline, hearing limitations and fear of falling associated with loneliness and social isolation in Danes around retirement age?
Charlotte Juul Nilsson, University of Copenhagen, Department of Public Health, Section of Social Medicine

The gendered associations of exclusion from late-life social relations with loneliness and mental wellbeing: comparison between Nordic and European countries
George Pavlidis, Linköping University

Are social isolation and loneliness risk factors for mortality over 15 years of follow-up in older Norwegian men and women?
Marja Aartsen, NOVA Norwegian Social Research, Oslo Metropolitan University

S4
(Room 3)

Prolonged Working Lives between Participation Chances, Inequality and Risks of Exclusion
Chair: Andreas Motel-Klingebiel - Linköping University

Part of the problem or part of the solution: The ambiguous contribution of companies and branches to inequality and exclusion from late work in Sweden
Gülin Öylü, Linköping University, Sweden

Gendered late working life trajectories, family risks, and national contexts: Evidence from SHARE
Wiebke Schmitz, University of Vechta, Germany

Inequalities and exclusion risks in late working life from the perspective of older workers in Germany, Sweden, Poland and the UK: Results from a qualitative study
Nehle Penning, Technical University Dortmund, Germany

Levers of extending working life in Poland: the policy framework and age-management practices
Anna Urbaniak, Jagiellonian University Krakow, Poland

S5
(Room 4)

A multidisciplinary approach to capability in age and ageing
Chair: Professor Ingmar Skoog - Centre for Ageing and Health (AgeCap) at the University of Gothenburg; Professor Boo Johansson - Centre for Ageing and Health (AgeCap) at the University of Gothenburg

System and life-course perspectives on the capability to work and capability through work
Lotta Dellve, Professor - Centre for Ageing and Health (AgeCap) at the University of Gothenburg

Good self-rated health as an indicator of personal capability in old age
Hanna Falk Erhag, Associate Professor - Centre for Ageing and Health (AgeCap) at the University of Gothenburg

Organisational capability for delayed retirement
Ewa Wikström, Professor - Centre for Ageing and Health (AgeCap) at the University of Gothenburg
10:00 - 11:30 - Symposium Sessions

**S5**  
(Room 4)  
The capabilities approach and the concepts of self-determination, legal competence and human dignity in social services for older people  
Eva-Maria Svensson, Professor - Centre for Ageing and Health (AgeCap) at the University of Gothenburg

**S6**  
(Room 5)  
The Capability Approach in Epidemiological Studies  
Ingmar Skoog, Professor - Centre for Ageing and Health (AgeCap) at the University of Gothenburg

**Future horizons in late life**  
Chair: Anu Siren - Tampere University

**S7**  
(Room 6)  
Increasing commodification of life's time? The association between subjective life expectancy and intention to retire,  
Anu Siren, Tampere University

**Life in retirement, opportunities and boundaries**  
Kirsi Lumme-Sandt

**Does lengthening work life crowd out informal care older adults provide to their adult children?**  
Anna Amilon, VIVE

**Involving family caregivers in delivering Namaste Care for persons with dementia to improve quality of life: Experiences from three countries**  
Chair: Wilco Achterberg - Department Public Health and Primary Care, Leiden University Medical Center

**Adapting and evaluating Namaste Care delivered by caregivers of community-dwelling older persons with dementia in Canada: A mixed-methods study**  
Marie-Lee Yous, School of Nursing, McMaster University

**Family caregivers’ and volunteers’ experiences with Namaste Care for community-dwelling people with dementia in the United Kingdom and the Netherlands**  
Hanneke Smaling, Department Public Health and Primary Care, Leiden University Medical Center

**Experiences with family caregiver involvement in the Namaste Care Family program for nursing home residents with dementia: a qualitative study**  
Petra Tasseron, Department Public Health and Primary Care, Leiden University Medical Center

**The Complex Relationships Between Perceived Housing and Life Transitions: Towards a Better Understanding of Good Aging in Place**  
Chair: Steven M. Schmidt - Lund University; Frank Oswald - Goethe University Frankfurt; Melanie Lovatt (Discussant) - University of Stirling

**Impact of Meaning of Home on Symptoms in a Cohort of Younger Old People: A Follow-up Study**  
Björn Slaug, Lund University

**Older women living with low pension in Sweden: Strategies to age in place and thoughts about future housing**
PROGRAM WEDNESDAY JUNE 08

13:00 - 14:30 - Symposium Sessions

S8  (Room 7)

**Agata Yadav**

*Relocating together: A case study on the relationality of retirement, changes in couple relationships, and relocation from Sweden and Germany*
Anna Wanka, Goethe University Frankfurt

*Reasoning about Transitions in Relation to Perceived Housing: In-Depth Data from Germany and Sweden on “Linked Transitions” and “Linked Lives”*
Karla Wazinski, Goethe University Frankfurt; Erik Eriksson, Lund University

**Cancer gerontology**
Chair: Jesper Ryg - University of Southern Denmark, Denmark; Assoc. Juulia Jylhävä Karolinska Institutet, Sweden and Tampere University Finland

**S9  (Room 8)**

**Frailty and cancer: can frailty scores predict the incidence of cancer?**
Ass. Prof. Juulia Jylhävä, Department of Medical Epidemiology and Biostatistics, Karolinska Institutet, Sweden and Faculty of Social Sciences (Health Sciences) and Gerontology Research Center (GEREC), Tampere University, Tampere, Finland

**Sexual Dimorphism in Cancer at Older Ages: A Nordic Twin Study**
Prof. Jacob vB Hjelmborg, EBB and Danish Twin Research Center, University of Southern Denmark

**How does cancer impact on functional decline at old age?**
Ass. Prof. Angéline Galvin, Unit of Epidemiology, Biostatistics and Biodemography, Department of Public Health, University of Southern Denmark, Denmark and ISPED, Univ. Bordeaux II, France

14:30 - 15:00

Coffee break, exhibition and poster session 1 (poster with odd numbers)

15:00 - 16:00 - Oral Sessions

**Lifestyle, engagement and transition**  (Plenary)
Chair: Taina Rantanen, Sweden

**Changes in Modifiable Health Behaviors During the Pandemic and Effects on Mental Health and Well-being: Evidence From England**
Giorgio Di Gessa, University College London

**The impact of shielding during the COVID-19 pandemic on mental health and well-being: Evidence from the English Longitudinal Study of Ageing**
Giorgio Di Gessa, University College London

**Active ageing parallel to COVID-19 pandemic: changes from before to amid and after the Emergency Powers Act in Finland**
Taina Rantanen, Sweden

**Changes in physical activity from before to amid the first wave of the COVID-19 pandemic among community-dwelling older people in Finland**
Katja Lindeman, University of Jyväskylä, Finland

**Old Overnight: Experiences of Age-Based Recommendations in Response to the COVID-19 Pandemic in Sweden**
Gabriella Nilsson, Lund University
**Program Wednesday June 08**

**O2**  
**Lifestyle, engagement and transition**  
(Room 1)  
Chair: Lene Larsen, Enhed for Sorgforskning, Aarhus Universitet

- Prescription benzodiazepine and related drug use in Finnish family caregivers: a nationwide register-linkage study  
  Tuija Mikkola, Folkhälsan Research Center

- Learning from the experts: A co-operative inquiry approach exploring how to investigate the process of grief in adulthood and old age  
  Lene Larsen, Enhed for Sorgforskning, Aarhus Universitet

- Change during cognitive-behavioral therapy for complicated grief reactions in old age  
  Katrine B. Komischke-Konnerup, Department of Psychology and Behavioural Sciences, Aarhus University

- Music therapy and health musicking as psychological and palliative rehabilitation in dementia (at the mild to moderate stage)  
  Hugo Jensen, Denmark

  Maja O’Connor, Aarhus University

**O3**  
**Morbidity, medical treatment and ageing processes**  
(Room 2)  
Chair: Jesper Ryg, Odense University Hospital

- Does Variation in Health change with Age?  
  Mikael Thinggaard, Denmark

- Is frailty different in younger and older individuals? Prevalence, characteristics and risk factors of early-onset and late-life frailty  
  Ge Bai, Karolinska Institutet

- The impact of hip fracture on geriatric care and mortality among older Swedes: Mapping care trajectories and their determinants  
  Anna C. Meyer, Karolinska Institutet

- Declining daily functioning as a prelude to a hip fracture in older persons – An individual patient data meta-analysis  
  Willeke Ravensbergen, Leiden University Medical Center

- The basic mobility status beyond being mobilized on postoperative day one is associated with 30-day mortality after hip fracture surgery  
  Morten Tange Kristensen, Department of Physical and Occupational Therapy, Copenhagen University Hospital, Bispebjerg-Frederiksberg and Department of Clinical Medicine, University of Copenhagen

**O4**  
**Education and competences in ageing societies**  
(Room 3)  
Chair: Aase Marie Ottesen, Aalborg University

- Changing the script: using forum theatre to reimagine the future in older age  
  Melanie Lovatt, University of Stirling
Ageism and Stereotypes: A Humanities Perspective in the Medicine Classroom
Anita Wohlmann, University of Southern Denmark

(Cancelled) An existential or clinical phenomenon? ‘Frailty’ in Danish healthcare journals ca. 2000 to 2021
Anne Hagen Berg, Danish Centre for Welfare Studies, Danish Aging Research Center, University of Southern Denmark

“I know his needs better than my own” – informal carers’ support needs when caring for a person with dementia
Trine Holt Clemmensen, UCL University College Denmark

Giving persons with dementia a voice in research about using song and music in everyday life at a nursing home
Aase Marie Ottesen, Denmark

Lifestyle, engagement and transition
Chair: Jette Thuesen, University of Southern Denmark & Absalon University College, Denmark

Meanings of troublesome (and distressing) behavior of a spouse with memory disorder for the aging couple
Päivi Eskola, Faculty of Sport and Health Sciences, Gerontology Research Center (GEREC) and Open University, University of Jyväskylä, Finland

Burden and health trajectories of older informal caregivers: findings from a Swedish urban population-based study
Giorgi Beridze, Aging Research Center, Department of Neurobiology, Care Sciences and Society, Karolinska Institutet

Social workers discussions on risks in Swedish elder care during the COVID-19 pandemic
Johannes Österholm, Sweden

Three caregiver profiles: who are they, what do they do, and who are their co-carers?
Cristina Joy Torgé, Institute of Gerontology, Jönköping University

HuBERTien: automatic speech recognition for interview recordings in long-term care
Coen Hacking, Maastricht University, The Living Lab in Ageing & Long-Term Care, The Netherlands

Lifestyle, engagement and transition
Chair: Johan Fritzell, Aging Research Center, Karolinska Institutet & Stockholm University

Employment exit type and metabolic syndrome incidence: A longitudinal study among 12,356 older workers from the Lifelines Cohort Study and Biobank
Katharina Runge, Netherlands Interdisciplinary Demographic Institute (NIDI), University Medical Center Groningen (UMCG), University of Groningen

Cohort differences in physical performance according to job demands across three cohorts of older workers in the Longitudinal Aging Study Amsterdam
Mikaela von Bonsdorff, University of Jyväskylä

What’s pension got to do with it? Mortality inequality at older ages.
Johan Fritzell, Aging Research Center, Karolinska Institutet & Stockholm University
O6 (Room 5)  
(Cancelled) On intentions to leave work in the eldercare sector: Autonomy over working conditions vs. individually negotiated influence  
Caroline Hasselgren, Sweden

Meaning in life in demented residents in long term care nursing homes  
Silja Nylund, Innlandet Hospital Trust, Research Center for Existential Health

O7 (Room 6)  
A good life and a good death  
Chair: Håkan Jönson, Sweden

Care according to age: A case of ageism or a conflict on needs?  
Håkan Jönson, Sweden

Narratives of coping in the early stages of young-onset dementia: is it chaos, disengagement, or active story?  
Katja Hautsalo, Tampere University of Applied Sciences (TAMK), University of Helsinki, The Faculty of Social Sciences

(Cancelled) Residential area characteristics moderate the association between political group participation and depressive symptoms among older adults: an 11-year longitudinal investigation  
Huang Ting Yan, Institute of Political Science, Academia Sinica

Older people and civic engagement: What micro-, meso- and macro-level variables do have an influence?  
Toon Vercauteren, Belgium

Experiences of crime and disorder among older adults living in deprived neighborhoods in Sweden  
Afsaneh Taei, Lund University

O8 (Room 7)  
A good life and a good death  
Chair: Nicklas Lund, University of Southern Denmark

The literary old age at the intersection of medical practice and public health - a cross-disciplinary reading of Ane Riel’s ‘Clockwork’  
Troels Mygind Jensen, University of Southern Denmark

Ageing Amid Climate Change: A Literary Gerontological Approach to Fostering Intergenerational Solidarity  
Ulla Kriebernegg, University of Graz

Ambivalent Endings in Contemporary Danish End of Life-Novels  
Nicklas Lund, University of Southern Denmark

Successful ageing in popular culture – does gender matter?  
Ella Fegitz, Syddansk Universitet

Caregivers of home care clients in Iceland express more feelings of distress, anger, or depression than in five other European countries  
Inga V. Kristinsdóttir, The University of Iceland
O9 (Room 8)  Morbidity, medical treatment and ageing processes
Chair: Andy Northcott, Geller Institute of Aging and Memory, University of West London

Wandering the wards: ward ‘rules’ and the consequences for people living with dementia
Prof. Katie Featherstone, Geller Institute of Aging and Memory, University of West London

Association between cardiometabolic multimorbidity and dementia risk: a nationwide twin study
Jie Guo, Karolinska Institutet

The DANTON Study - Discontinuation of Antihypertensive Treatment in Older people with dementia living in a Nursing home: results of a randomized controlled trial
Jonathan Bogaerts, Leiden University Medical Center

Life’s Simple 7 and transitions in cognitive status in older adults: a 15-year population-based study
Xin Xia, Sweden

‘Pad cultures’ and their consequences: Findings from an ethnographic study examining continence care for people living with dementia during a hospital admission
Andy Northcott, Geller Institute of Aging and Memory, University of West London

16:00 - 17:30 - Symposium Sessions

S10 (Plenary)  Life course Transitions in Later Life: A Focus on Linked Lives and Linked Transitions
Chair: Anna Urbaniak - University of Vienna

Linked lives and social exclusion: effects of illness in close relationships on older people’s social lives over the life course
Franziska Rothe, M.A, NOVA Norwegian Social Research, Oslo Metropolitan University, Norway

(Cancelled) Linked lives and the gendered impact of transitions on the social relations of men and women in later life
Celia Sheridan, M.A, Irish Centre for Social Gerontology, National University of Ireland, Galway, Ireland

Diachronic and normative linkages of life course transitions in non-institutionalised relationship courses
Luisa Bischoff, M.A., Research Training Group “Doing Transitions”, Goethe University, Frankfurt, Germany

(Un)Linked Lives in Linked Transitions: Relational Perspectives on Life Course Transitions and Social In- and Exclusion
Anna Urbaniak, PhD, University of Vienna

S11 (Room 1)  Using accelerometers to measure movement and physical activity in aging populations
Chairs: Paolo Caserotti - University of Southern Denmark, Denmark; Sari Stenholm - University of Turku, Finland

Physical behavior profiles among Finnish community-dwelling older adults and their associations with indicators of physical capacity
Lotta Palmberg, University of Jyväskylä, Finland
**S11** (Room 1)

Association between free-living sit-to-stand transition characteristics, and laboratory-based lower-extremity performance, fear of falling, and stair negotiation difficulties among older adults  
Timo Rantalainen, University of Jyväskylä, Finland

Longitudinal associations between physical activity fragmentation and physical function in older adults  
Jason Wilson, Ulster University, United Kingdom

Physical activity fragmentation as an early risk indicator of frailty and premature mortality in older adults  
Borja del Pozo Cruz

Changes in the 24-hour movement behaviors during the transition to retirement: compositional data analysis  
Kristin Suorsa, University of Turku, Finland

**S12** (Room 2)

Changing times, same challenges, new possibilities? Perspectives on the role of social relations in the lives of older persons  
Chair: Katiariina Tuominen - Tampere University, Gerontology Research Center (GEREC), Centre of Excellence in Research on Ageing and Care (CoE AgeCare)

Social spaces of older persons and the COVID-19 pandemic  
Katiariina Tuominen, Doctoral Researcher - Tampere University

Older adults with care needs depending on formal care – situation before and during the COVID-19 pandemic  
Päivi Ahosola, Postdoctoral Research Fellow - Tampere University

Vision impairment and depressive symptoms in late life: does having a partner matter?  
Anna Amilon, Senior Researcher - The Danish Center for Social Science Research

Associations between physical and social activity and well-being of older people  
Kristina Tiainen, Senior Research Fellow - Tampere University

**S13** (Room 3)

SEE ME: Social inclusion by meaningful ageing  
Chair: Anja Machielse - University of Humanistic Studies

A comprehensive perspective on ageing: a focus on the potentials, and the social and meaning needs of older adults  
Anja Machielse, University of Humanistic Studies

Innovative approaches in ‘good practice’ care-projects: competencies caregivers need to ‘see’ and respond to the needs of older adults  
Wander van der Vaart - University of Humanistic Studies

The ‘SEE ME’ educational model and accompanying training toolkit  
Liesbeth De Donder - Vrije Universiteit Brussel

Interim results of six SEE ME learning areas  
Sarah Dury - Vrije Universiteit Brussel (VUB)
“Doing with…” rather than “doing for…”: Stimulating active engagement of clients in daily activities
Chair: Silke F Metzelthin - Maastricht University, Care and Public Health Research Institute, Department of Health Services Research, Maastricht, The Netherlands; Living Lab in Ageing and Long-Term Care, Maastricht, The Netherlands

Effectiveness of a reablement training program on home care clients and staff. Results of a cluster randomised controlled trial
Silke F Metzelthin, Maastricht University; Living Lab in Ageing and Long-Term Care, Maastricht

Process evaluation of an advanced generic function focused care program for clients and staff in long-term care
Stan Vluggen, Maastricht University; Living Lab in Ageing and Long-Term Care, Maastricht

Feasibility of a reablement program in a Swedish municipality
Magnus Zingmark, Health and Social Care Administration, Municipality of Östersund, Sweden; Umeå University, Sweden; Lund University, Sweden

I-MANAGE: a reablement program to improve daily functioning and well-being of patient at home
Ines Mouchaers, Maastricht University; Living Lab in Ageing and Long-Term Care, Maastricht

Work, lifestyle and health differences in the Nordic countries: Exploring birth cohorts and inequalities
Chairs: Neda Agahi and Malin Ericsson - Karolinska Institutet

Educational influences on late-life health – Exploring cohort differences to understand gene environment interplay
Malin Ericsson, Karolinska Institutet

Older workers’ assessment of job resources in Norway – stability or change?
Tale Hellevik, NOVA/Oslo Metropolitan University

Trends in old age social participation over a 30-year period in Sweden
Erika Augustsson, Karolinska Institutet

Another drink? Trends in alcohol consumption in the older population in Sweden between 1992 and 2021
Neda Agahi, Karolinska Institutet

Association of disability and time to death among the oldest old: The Vitality 90+ Study 2001-2014
Linda Enroth, Tampere University and Gerontology Research Center

Socioeconomic inequalities in ageing and transitions in later life
Chair: Marijke Veenstra - Health Services Research Unit (HØKH), Akerhus University Hospital, Norway

Transitions in later life – the importance of gender and socio-economic position
Katharina Herlofson, NOVA, OsloMet, Norway

Social Inequality in the Adjustment to Retirement
Oliver Huxhold, German Centre of Gerontology, Berlin, Germany
*Are trajectories of self-rated health and physical working capacity during the retirement transition predicted by work-related factors and social class?*
Harpa S. Eyjólfsdóttir; Aging Research Centre, Karolinska, Sweden

*Socioeconomic inequalities in late-life mental disorders: analysis of six clinical and population-based cohorts in the Netherlands*
Almar Kok, VU Amsterdam & Geestelijke gezondheidszorg (GGZ) InGeest Specialized Mental Health Care, Amsterdam, The Netherlands

*Exploring geographic context and genetic influences on cognitive and physical health outcomes in aging*
Chair: Deborah Finkel, Indiana University Southeast & Jönköping University

*Investigating geographic variation in dementia risk: a case-control study using spatial modelling and the Swedish Twin studies*
Luisa Parkinson, Alzheimer Scotland Dementia Research Centre

*Birth weight and frailty: Differences in relation to geographic location*
Ida Karlsson, Karolinska Institutet

*Life course neighborhood deprivation and domain-specific cognitive decline among older adults*
Jamie Pearce, University of Edinburgh

*Educational influences on geographic mobility: exploring genetic predisposition and attained education*
Elsa Ojalehto, Karolinska Institutet

*COVID-19 in Europe. Effects on mental health and health-related behaviours. Results from the SHARE-COVID-19 surveys.*
Chair: Karen Andersen-Ranberg - University of Southern Denmark

*Overview of the SHARE and SHARE-COVID19 surveys*
Karen Andersen-Ranberg, Dept. of Public Health, University of Southern Denmark

*Daily activities, mental well-being and restrictions among older people during the Covid-19 pandemic across European countries – a multilevel analysis*
Filip Fors Connolly, PhD, Research Coordinator, Dept. of Sociology, Umeå University, Sweden

*Underlying reasons for country differences in vaccination rates in the 50+ population across Europe*
Tessa-Virginia Hannemann, MSc, Munich Center for the Economics of Aging (MEA), Max Planck Institute for Social Law and Social Policy (MPI), Germany

*Longitudinal changes in mental health following the COVID-19 lockdown: Results from the Survey of Health Ageing and Retirement in Europe*
Christian Wester, Research Assistant, Dept. of Public Health, University of Southern Denmark

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19:00 City Hall Reception / 21:15 Night Watchman

19:00: Welcome reception at Odense City Hall (Flakhaven 2, 5000 Odense)
Please remember to wear your name badge.

21:15: Walking tour. Meet the group in front of the city hall. (Free of charge)
**Clinical Application of the multidimensional BIA in big geriatric syndromes**

<table>
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<tr>
<th>Time</th>
<th>Topic</th>
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<tr>
<td>12:15 ~ 12:25</td>
<td>BIA principles and parameters</td>
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<td>12:25 ~ 12:45</td>
<td>Clinical application of the multidimensional BIA in big geriatric syndromes</td>
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<td>12:45 ~ 12:55</td>
<td>Q&amp;A</td>
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**When**

9th June (Thu) 12:15-12:55 (Lunch Symposium)

**Invited Speaker**

Prof. Dr. Anne-Marie De Cock

University of Antwerp, Belgium, Board member of the Belgian Association of...
06:30 / 07:00 / 07:45

06:30: Morning Swim / 07:00: Morning Run & Morning Gymnastic (Meet both groups in front of the venue)
07:45: Registration desk is open

08:45 - 10:00 - Plenary Room

KEYNOTE LECTURE
Considering and working with older adults as learners: What professional competencies are required?
Marvin Formosa - Professor at Department of Gerontology and Dementia Studies Rector’s Delegate, University of the Third Age (Malta)

KEYNOTE LECTURE
Vulnerability among minority groups of older people
Dorthe S. Nielsen - Professor of Vulnerability, at Department of Geriatric Medicine, University of Southern Denmark

10:00 - 10:30

Coffee break, exhibition and poster session 2 (poster with even numbers)

10:30 - 12:00 - Symposium Sessions

S19 (Plenary) Health and retirement
Chair: Laura Pirhonen - University of Copenhagen

Who continues to work after retirement age?
Laura Pirhonen, University of Copenhagen

Changes in life satisfaction during the transition to retirement: Findings from the FIREA cohort study
Prakash KC, University of Turku

Increasing retirement ages in Denmark: Do changes in workforce composition matter?
Anna Amilon, VIVE

Who Benefits from a Prolonged Working Life? Findings in the HEalth, Aging and Retirement Transitions in Sweden (HEARTS) Study
Isabelle Hansson, University of Gothenburg and Netherlands Interdisciplinary Demographic Institute (NIDI)

S20 (Room 1) Patient perspectives on everyday use of digital health technologies in later life
Chair: Associate professor Anette Grønning, University of Southern Denmark

Struggling with and mastering email consultations
Associate Professor Anette Grønning, University of Southern Denmark

Digital caring masculinity amongst 65+ male patients
Assistant professor Maja Klausen, University of Southern Denmark

Domesticating video consultations: optimistic trial and error
PhD student, Elle C. Lüchau, University of Southern Denmark

The role of mobile applications in older people’s health practices
Research Assistant Martin Vinther Bavngaard, University of Southern Denmark
**S21**  
**Towards a broader view of loneliness in later life: unravelling its complexity**  
Chair: Liesbeth De Donder - Department of Educational Sciences (EDWE), Vrije Universiteit Brussel (VUB), Belgium

**Patterns of social exclusion and loneliness risks in Nordic countries**  
Marja Aartsen, NOVA Norwegian Social Research, Oslo Metropolitan University, Norway

**Life stories from lonely older adults: the role of precipitating events and coping strategies throughout the life course**  
Lise Switsers, Department of Educational Sciences (EDWE), Vrije Universiteit Brussel (VUB), Belgium

**What makes loneliness a positive experience? A preliminary qualitative analysis of data from the BBC Loneliness Experiment**  
Christina Victor, Department of Health Sciences, Brunel University London, United Kingdom

**A systematic review and meta-analysis of loneliness prevalence studies and corresponding study characteristics in the older population**  
Hannelore Stegen, Research Foundation Flanders (FWO), Department of Educational Sciences (EDWE), Vrije Universiteit Brussel (VUB), Belgium

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**S22**  
**Participatory approaches with older adults**  
Chair: Anna Urbaniak, PhD - University of Vienna

**Methods and approaches in co-creation of research processes with older adults**  
Anna Wanka, PhD, Research Training Group ‘Doing Transitions’, Goethe University Frankfurt am Main

**Making the voices of people living in nursing homes heard by means of participant photography**  
Qarin Lood University of Gothenburg and Roar Hermansen Østby, University of Gothenburg

**(Cancelled) How can participatory action research contribute to a more respectful praxis at nursing homes?**  
Annette Bilfeldt, Associate Professor, PhD, Ilisimatusarfik, University of Greenland

**Reflexivity in Co-Creation Processes: Doing Research on Exclusion from Social Relations with Older Adults and Stakeholders**  
Anna Urbaniak, PhD, University of Vienna

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**S23**  
**Late Adulthood Transition around Age 60: Findings from the Jyväskylä Longitudinal Study of Personality and Social Development**  
Chair: Katja Kokko - University of Jyväskylä, Gerontology Research Center and Faculty of Sport and Health Sciences

**(Non-)Participants of the Jyväskylä Longitudinal Study of Personality (JYLS) and Social Development around age 60**  
Katja Kokko, University of Jyväskylä, Gerontology Research Center and Faculty of Sport and Health Sciences

**Do Child Socioemotional Behavior and Adult Temperament Predict Physical Activity and Sedentary Time in Late Adulthood?**  
Johanna Ahola, University of Jyväskylä, Gerontology Research Center and Faculty of Sport and Health Sciences
10:30 - 12:00 - Symposium Sessions

**S23**  
(Room 4)  
Longitudinal Development of Generativity from Age 42 to 61  
Emmi Reinilä, University of Jyväskylä, Gerontology Research Center and Faculty of Sport and Health Sciences

Future Orientation as a Mediator in the Relationship between Life Resources and Preparation for Aging among Finnish 61-year-olds  
Milla Saajanaho, University of Jyväskylä, Gerontology Research Center and Faculty of Sport and Health Sciences

**S24**  
(Room 5)  
Ageing and care in indigenous communities: Photovoice stories from Sápmi and Tayal  
Chairs: Mai Camilla Munkejord - PhD, Postdoc, Western Norway University of Applied Sciences; Tove M. Ness - PhD, Associate Professor, Nord University (Norway), Wasiq Silan, PhD, Postdoc, University of Helsinki (Finland)

Being connected to nature, reindeer, and family: Findings from a photovoice study on well-being among older South Sámi people  
Tove M. Ness, PhD, Associate Professor, Nord University, Norway & Mai Camilla Munkejord, PhD, Postdoc, Western Norway University College, Norway

Hmali’, Rgyax and Gaga. How Bnksis (older Tayal women and men) reclaim their Indigenous identities  
Wasiq Silan, PhD, Postdoc, University of Helsinki, Finland & Mai Camilla Munkejord, PhD, Postdoc, Western Norway University College, Norway

Informal caregiving: A qualitative study from Sea-Sami communities in Northern Norway  
Grete Mehus, PhD, Associate Professor, UiT the Arctic University of Norway

Nature-human relationships. A thematic analysis of photo stories told by older North Sámi  
Jan Erik Henriksen, Docent / Professor, UiT the Arctic University of Norway

**S25**  
(Room 6)  
“Aging not so successful. Suicide and depression in old age”  
Chair: Marja Jylhä University of Tampere and Gerontology Research Center (GEREC)

Service use preceding suicide in older people in 1998-2017 - comparisons with natural death and a longer life  
Leena Forma, Laurea University of Applied Sciences; Faculty of Social Sciences, University of Tampere, and Gerontology Research Center

Formal care use before suicide among older Finnish men and women  
Mari Aaltonen, Faculty of Social Sciences, Tampere University and Gerontology Research Center

Depressive symptoms as modifiers of physical activity behaviour in older people  
Jenni Kulmala, Faculty of Social Sciences, Tampere University, and Gerontology Research Center; Karolinska Institutet 3. Finnish Institute for Health and Welfare

Depression among nonagenarians - time trends and associated factors  
Marja Jylhä, Faculty of Social Sciences University of Tampere, and Gerontology Research Center
Lessons Learned from the COVID-19-Pandemic in Long-Term Care - An International Perspective  
Chairs: Prof. Dr. Karin Wolf-Ostermann - University of Bremen, Germany; Dr. Ramona Backhaus - Maastricht University, The Netherlands

Consequences of the SARS-CoV-2 on social and medical services in Poland  
Maria Maćkowiak, Department of Psychiatry, Wroclaw Medical University, Poland

The Impact of the COVID-19-Pandemic on German Nursing Homes – Results of two Online-Surveys  
Prof. Dr. Karin Wolf-Ostermann, University of Bremen; Germany

Social health in nursing home residents with dementia during COVID-19, and the role of technology to promote social participation  
Viktoria Hoel, University of Bremen, Germany

The impact of COVID-19 vaccinations in Dutch nursing homes  
Dr. Ramona Backhaus, Maastricht University, the Netherlands

Omics studies of aging  
Chairs: Juulia Jylhävä - Dept. Medical Epidemiology and Biostatistics, Karolinska Institutet Sweden and Health Sciences, Tampere University, Finland; Sara Hägg - Dept. Medical Epidemiology and Biostatistics, Karolinska Institutet, Sweden

Genetic and epigenetic scoring in physical functioning  
Elina Sillanpää, Faculty of Sport and Health Sciences, Gerontology Research Center, University of Jyväskylä, Finland

Metabolomics of frailty  
Jonathan Mak, Department of Medical Epidemiology and Biostatistics, Karolinska Institutet, Sweden

Proteome studies of Aging - Analysis of myocardial infarction  
Mette Sørensen Thinggaard, The Danish Twin Registry and Epidemiology, Biostatistics and Biometry, Department of Public Health, University of Southern Denmark, Denmark

Antihypertensive, anti-diabetic, and lipid-lowering medication use and biological ages: a longitudinal study  
Bowen Tang, Department of Medical Epidemiology and Biostatistics, Karolinska Institutet, Stockholm, Sweden

12:00 - 13:15
Lunch, posters and exhibition

12:15 - 12:55 - Lunch Symposium in Plenary Room
Lunch symposium by Gold Sponsor InBody
Clinical application of the multidimensional BIA in big geriatric syndromes  
Anne-Marie De Cock, MD, PhD, Prof of Geriatrics at University of Antwerp  
( Bringing lunch to the symposium room is permitted)
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<th>Time</th>
<th>Session</th>
<th>Title</th>
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<tr>
<td>13:15 - 14:45</td>
<td>Symposium Sessions</td>
<td>Sexuality in the elderly - invited symposium by Pfizer</td>
<td>Hanne Kobberø - Consultant Urologist, Master in Sexology, PhD stud., Department of Urology, Odense University Hospital Denmark</td>
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<td>What is sexuality? Health and sexuality in a bio-psyko-social model</td>
<td>Hanne Kobberø, Odense University Hospital Denmark</td>
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<td>The natural age changes of sexuality, The impact of age-related diseases on sexuality</td>
<td>Ditte Trolle, Aalborg University Hospital Denmark</td>
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<td>Sexuality in people with dementia</td>
<td>Birgitte Schantz Laursen</td>
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<td>Latest research on treatment of sexual dysfunctions in elderly</td>
<td>Hanne Kobberø, Odense University Hospital Denmark</td>
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<td>Ageing, technology and health in later life: Results from the interdisciplinary national graduate school in Sweden, SWEAH</td>
<td>Chair: Charlotte Löfqvist - Lund University Sweden; Susanne Iwarsson, Lund University Sweden</td>
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<td>Attitudes and adoption of technologies for active and healthy ageing from a generational perspective</td>
<td>Sofi Fristedt</td>
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<td>Very important, to whom it may concern: A Finnish interview study exploring older persons' perceptions of a new social application</td>
<td>Emilia W.E. Viklund Åbo Akademi University Vaasa Finland</td>
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<td>Guiding novice tablet users living with dementia in managing iPads</td>
<td>Elias Ingebrand, Linköping University Sweden</td>
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<td>Does the Uneven Involvement of Older People in Digital Health Research Bias Research Results?</td>
<td>Arianna Poli, Linköping University Sweden</td>
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<td>The nature-based social prescribing may reduce experiences of loneliness and improve quality of life of older adults</td>
<td>Chair: JillS. Litt - PhD. University of Colorado, Boulder Environmental Studies Department and Barcelona Institute of Global Heath</td>
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<td>RECETAS: An innovative global approach for testing nature-based social interventions to address loneliness in cities</td>
<td>Jill S. Litt, PhD. University of Colorado, Boulder Environmental Studies Department and Barcelona Institute of Global Heath</td>
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<td>The Role of Nature for Health and Well-being in lonely older people: A life course perspective</td>
<td>Annika Kolster, M.D. University of Helsinki and City of Espoo; Laura Rautiainen, M.H.Sc. The Finnish Association of Welfare of Older People</td>
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<td>Understanding the Ecosystem Addressing Loneliness in Six Cities</td>
<td>Amanda Beacom, PhD, Visible Network Labs</td>
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S30 (Room 2) Nature-based social prescribing to alleviate older people’s loneliness in assisted living facilities: a protocol for RECETAS trial
Anu Jansson, PhD. University of Helsinki, Department of General Practice and Primary Health Care, The Finnish Association for the Welfare of Older People

S31 (Room 3) Reflections on vulnerability of the older persons
Chair: Dorthe Susanne Nielsen - University of Southern Denmark and Odense University Hospital

Loneliness in Older Citizens – a Major Societal Issue
Tahir Masud, Professor of Geriatric Medicine, Nottingham University Hospitals, Nottingham, UK

Balanced participation - reflections on participation among vulnerable older recipients of home care
Grethe Eilertsen, Professor Fakultet for helse- og sosialvitenskap, Universitetet i Sørøst-Norge

In the footprint of the frail old patient
Sanne Have Beck - Geriatric Research Unit, Department of Geriatric Medicine, Odense University Hospital

How do we address and understand vulnerability
Dorthe Susanne Nielsen, Professor, Geriatric Medicine, University of Southern Denmark, Odense University Hospital

S32 (Room 4) Contemporary Gerontological Social Work: changes in practice and theory
Chair: Ilkka Pietilä - University of Helsinki

Gerontological social work and precarious lives of older adults: theoretical perspectives
Marjaana Seppänen, University of Helsinki

Identifying innovative and distinctive social work practice with older adults: a study of social work in multi-professional teams in England
Paul Willis, University of Bristol

Family relationships and complex service needs in later life
Mia Niemi, University of Helsinki

Making sense of ethnicity, race and migrancy: managing diversity in a client-centered way
Sandra Torres, Uppsala University

S33 (Room 5) Artistic practice and ethnography - methodological considerations on research in care institutions
Chair: Jari Pirhonen - University of Helsinki

Situating arts-based research with people living with dementia
Ann Therese Lotherington and Lilli Mittner, Artful Dementia Research Lab, UiT The Arctic University of Norway

Employing performing objects to portray and challenge methodological considerations on research in care institutions
Riku Laakkonen, Tampere University, The Centre for Practise as Research in Theatre T7

Documentary encounter as a methodological possibility in a multidisciplinary research project
Katarina Blomqvist, Aalto University
| S34 | Change and continuity in quality of life and death in persons with dementia  
Room 6 | Chair: Monique A.A. Caljouw - PhD, dept. of Public Health and Primary Care, Leiden University Medical Center, Leiden, The Netherlands |
|------|--------------------------------------------------------------------------------------------------|
|      | Non-pharmacological interventions to improve quality of life of persons with dementia  
Monique A.A. Caljouw, PhD, dept. of Public Health and Primary Care, Leiden University Medical Center, Leiden, The Netherlands |
|      | Does paracetamol improve quality of life, discomfort, functioning, care dependency, pain and neuropsychiatric symptoms in persons with advanced dementia?  
Paulien H. van Dam, MD, dept. of Public Health and Primary Care, Leiden University Medical Center, Leiden, The Netherlands |
|      | Maintaining meaningful activities for persons with dementia: experiences of persons with dementia after diagnosis and during transitions  
Mari Groenendaal, MA, dept. of Public Health and Primary Care, Leiden University Medical Center, Leiden, The Netherlands |
|      | Best Practices of Meaningful Activities for Persons with Dementia in Dutch Nursing Homes  
Marlon M.P. Smeitink, MA, dept. of Public Health and Primary Care, Leiden University Medical Center, Leiden, The Netherlands |
|      | Trends in quality of care and dying perceived by family caregivers of nursing home residents with dementia 2005-2019  
Maartje S. Klapwijk, PhD, dept. of Public Health and Primary Care, Leiden University Medical Center, Leiden, The Netherlands |

| S35 | Performative Perspectives on Citizenship in Active Ageing Societies  
Room 7 | Chair: Tine Fristrup - School of Education, Aarhus University, Denmark |
|------|--------------------------------------------------------------------------------------------------|
|      | The Purpose of Arts in Active Ageing Societies  
Gunnar Munksgaard, Outreach & Community Building, ARKEN Museum of Modern Art, Denmark |
|      | The Role of Critical Design in Active Ageing Societies  
Jon Dag Rasmussen, Department of the Built Environment, Aalborg University, Denmark |
|      | Performative Pedagogy in Active Ageing Societies  
Tine Fristrup, Danish School of Education, Aarhus University, Denmark |

| S36 | Gene-environment interplay in late-life health and function: Studies from the IGEMS consortium  
Room 8 | Chair: Malin Ericsson - Karolinska Institutet & Stockholm University |
|------|--------------------------------------------------------------------------------------------------|
|      | Age differences in heritability of harmonized measures of episodic memory in IGEMS  
Christopher R. Beam, PhD, University of Southern California |
|      | Genetic Architecture of Subjective Health: Relationships with Physical, Cognitive, and Emotional Health  
Deborah Finkel, PhD, Indiana University Southeast & Jönköping University |
|      | Educational influences on late-life health: Genetic propensity and attained education  
Malin Ericsson, PhD, Karolinska Institutet & Stockholm University |
13:15 - 14:45

A Polygenic Risk Score for Hand Grip Strength Predicts Muscle Strength and Proximal and Distal Functional Outcomes among Older Women  
Päivi Herranen, PhD, University of Jyväskylä

Leisure-time activities and successful aging: Insights from IGEMS Twin Studies  
Matt McGue, PhD, University of Minnesota and University of Southern Denmark

14:45 - 15:00

Coffee break, posters and exhibition

15:00 - 16:00 - Oral Sessions

O10  Lifestyle, engagement and transition  
Chair: Sandra Torres, Uppsala University, Dept. of Sociology

The positive impact of social support on life satisfaction in older vulnerable people in Germany  
Volker Cihlar, Federal Institute for Population Research

Older migrants’ experiences of civic engagement in Sweden and Finland  
Pernilla Ågård, Sweden

“My children want me to be careful.”  
Janicke Andersson, Halmstad University

Civic engagement among older migrants in Europe: A SHARE-based analysis  
Sandra Torres, Uppsala University, Dept. of Sociology

(Cancelled) Does how adults talk about loneliness vary across age groups? Preliminary analysis of the BBC Loneliness Experiment  
Christina Victor, Brunel University London

O11  Digitisation and technology  
Chair: Karen Andersen-Ranberg - University of Southern Denmark

Health-related inequalities in internet access and usage among older adults before and during the COVID-19 pandemic in Germany  
Miriam Grates, TU Dortmund University

The impact of using KOMP as a tool for reducing malnutrition and loneliness for home-living older adults  
Ida Synnøve Grini, Nofima AS

Older Workers’ Experience with Technology-related Changes at Work during the COVID-19 Pandemic  
Arianna Poli, Sweden

Older adults’ societal views about digitalization from perspective of everyday life (#216)  
Outi Valkama, Finland

Health literacy and health behavior among older adults (#81)  
Johanna Eronen, Gerontology Research Center, University of Jyväskylä, Finland
O12 Morbidity, medical treatment and ageing processes
(Room 2) Chair: Tahir Masud, Nottingham University Hospitals NHS Trust

- Morbidity, medical treatment and ageing processes
  Chair: Tahir Masud, Nottingham University Hospitals NHS Trust
  Gergo Baranyi, Centre for Research on Environment, Society and Health, School of Geosciences, The University of Edinburgh
  Air pollution exposure across the life course and DNA methylation-based telomere length among older adults in Scotland
  Gergo Baranyi, Centre for Research on Environment, Society and Health, School of Geosciences, The University of Edinburgh

Association of long-term exposure to air pollution and dementia risk: the role of homocysteine, methionine
Debora Rizzuto, Sweden

Anticholinergic burden in middle-age is mildly associated with reduced cognitive function, but not with brain volume
Jure Mur, United Kingdom

The experiences of people with dementia and cognitive impairment in England during the COVID-19 pandemic: Isolation, infection, and access to health services
Brian Beach, UCL (University College London)

Relationship between physical frailty, nutritional risk factors and protein intake in self-reliant community-dwelling older adults
Sussi Friis Buhl, Center for Active and Healthy Ageing, Institute of Sports Science and Clinical Biomechanics, University of Southern Denmark

O13 Housing, generations and mobility
(Room 3) Chair: Marianne Granbom, Lund University

- The role of supported housing for older people in addressing loneliness and social isolation: Findings from a UK mixed-methods study
  Brian Beach, UCL (University College London)

Citizen science - an untapped resource in gerontological research? Senior citizens assessed housing accessibility in the Swedish Housing Experiment 2021
Marianne Granbom, Lund University

Demographic Ageing and Housing Demand: Evidence from Residential Turnover in Polish Metropolises
Ellam Kulati, Poland

Environmental aspects for active living in older individuals’ long-term care
Noora Narsakka, Department of Nursing Science, University of Turku

Changes in Grandparenting During the Pandemic and Effects on Mental Health: Evidence From England
Giorgio Di Gessa, University College London

O14 Lifestyle, engagement and transition
(Room 4) Chair: Pia Olsen, Denmark

- Translation and psychometric evaluation of the Swedish version of the University of Jyväskylä Active Aging Scale (UJACAS)
  Frida Nordeström, Sweden
Mid- and late-life overweight/obesity predict shorter chronic disease-free survival among older adults: A nationwide twin study  
Jie Guo, Sweden

(Cancelled) Who benefits most of a cognitive behavioural group programme to manage concerns about falling in older adults?  
G.A. Rixt Zijlstra, Maastricht University, Faculty of Health, Medicine and Life Sciences, Department of Health Services Research, Care and Public Health Research Institute (CAPHRI)

Community-based exercise enhanced by a self-management programme to promote independent living in older adults: a pragmatic randomized controlled trial  
Pia Olsen, Denmark

Health and mortality by vision and hearing impairments among Danes  
Linda Ahrenfeldt, Denmark

Housing, generations and mobility  
Chair: Maren Sogstad, Center for care research, NTNU

Support of older parents in Europe during COVID-19 – A question of region and gender?  
Robert Heidemann, TU Dortmund

Care coordinators in the Norwegian long-term care context  
Maren Sogstad, Center for care research, NTNU

Development work in Swedish eldercare: Resources for trusted, integrated managerial work of safety and quality for older persons?  
&  
Developing eldercare in ageing societies: The misaligned visions and caged change agents  
Lotta Dellve, Sweden

Relationship between perceived health and access to health care for the elderly and future elderly in a region in the interior of Portugal  
Maria João Guardado Moreira, Polytechnic Institute of Castelo Branco / Age.Comm

A good life and a good death  
Chair: Stine Grønbæk Jensen, Denmark

Shaping and being shaped: social relationships as sites of responding to late life transitions  
Laurine Blonk, University of Humanistic Studies

The merry widows: lived and gendered experiences of widowhood in the Danish welfare state  
Stine Grønbæk Jensen, Denmark

The experience of meaning in life in Finnish elderly people  
Jonna Ojalammi, Finland

Social isolation and loneliness among Latvian and Swedish older populations  
Ieva Reine, Riga Stradins University

Inequalities in old age wellbeing in Germany and Poland: The role of social integration, material conditions and regional factors  
Alina Schmitz, Germany
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<td><strong>A good life and a good death</strong></td>
<td>Chair: Britta Hørdam, Denmark</td>
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<td><strong>Food and nutrition champions are key in foodservices in aged care but how do we effect systems change?</strong></td>
<td>Danielle Cave, The University of Queensland</td>
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<td><strong>COVID restrictions undermined the well-being and social engagement of long-term care clients – a register-based study</strong></td>
<td>Johanna Edgren, Finnish Institute for Health and Welfare</td>
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<td><strong>Support Network for End-of-Life Care in Finnish care homes and home care</strong></td>
<td>Teija Hammar, Finnish Institute for health and welfare</td>
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<td><strong>Covid-19 restrictions and older adults’ quality of life in a nursing home - Self-rated health during the Covid-19 pandemic</strong></td>
<td>Britta Hørdam, Denmark</td>
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<td><strong>O18</strong></td>
<td><strong>Morbidity, medical treatment and ageing processes</strong></td>
<td>Chair: Mikael Thinggaard, Denmark</td>
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<td><strong>Cohort specific disability trajectories among older women and men in Europe 2004-2017</strong></td>
<td>Stefan Fors, Aging Research Center, Karolinska Institutet &amp; Stockholm university</td>
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<td><strong>The association between subjective age, chronological age, health and function in a Norwegian Population 60+</strong></td>
<td>Ellen Melbye Langballe, Norway</td>
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<td><strong>Health trends among older women and men in Sweden, 1992-2021</strong></td>
<td>Carin Lennartsson, Aging Research Center (ARC) Karolinska Institutet/Stockholm University</td>
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<td><strong>Risk factors of post COVID-19 condition attributed to COVID-19 disease in 50+ people in Europe and Israel</strong></td>
<td>Tine Bovil, University of Southern Denmark</td>
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<td><strong>Socioeconomic inequalities in self-rated health in very old adults during COVID-19 pandemic</strong></td>
<td>Jaroslava Zimmermann, Cologne Center for Ethics, Rights, Economics, and Social Science of Health, University of Cologne</td>
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16:00 - 16:15
Coffee break, posters and exhibition

16:15 - 17:30 - Plenary Room

KEYNOTE LECTURE
Digital health in the future of geriatric medicine
Karen Andersen-Ranberg - Consultant physician and geriatrician, Odense University Hospital and Department of Clinical Research at the University of Southern Denmark

KEYNOTE LECTURE
Recent developments in falls assessment and management
Tahir Masud - Professor of Geriatric Medicine, Nottingham University Hospitals NHS Trust, Nottingham UK, Visiting Professor, Odense University Hospital and University of Southern Denmark.

From 19:00
Congress Dinner at the venue (Plenary Room)

Pre-registration is required. If you have not done so, please check with the registration desk staff. Your conference name badge is your entry ticket. Please remember to bring it with you.
06:30 / 07:00 / 07:45

06:30: Morning Swim / 07:00: Morning Run & Morning Gymnastic (Meet both groups in front of the venue)
07:45: Registration desk is open

08:45 - 10:15 - Symposium and Oral Sessions

**S37** (Plenary)

**The many faces of post-retirement work**
Chairs: Lawrence B. Sacco - Stress Research Institute, Department of Psychology, Stockholm University; Isabelle Hansson - Department of Psychology, and Centre for Ageing and Health (AgeCap), University of Gothenburg, and Netherlands Interdisciplinary Demographic Institute (NIDI)

**To What Extent Do Older Americans Combine Retirement Pathways in the United States?**
Kevin E. Cahill, Center on Aging & Work at Boston College

**Job quality in the late career in Sweden, Japan, and the United States**
Loretta G. Platts, Stress Research Institute, Department of Psychology, Stockholm University

**From Plans to Action? Post-retirement work in the Netherlands**
Hanna van Solinge, Netherlands Interdisciplinary Demographic Institute (NIDI), and Department of Health Sciences, University Medical Center Groningen (UMCG)

**Motives for and Temporal Dynamics of Post-Retirement Work in Sweden**
Isabelle Hansson, University of Gothenburg and Netherlands Interdisciplinary Demographic Institute (NIDI)

**S38** (Room 1)

**Digital health in support of intersectoral collaboration in geriatric health care**
Chair: Karen Andersen-Ranberg - University of Southern Denmark and Odense University Hospital, Odense, Denmark

**The GERI-toolbox – a single-intervention feasibility study of a digital toolbox for health assessment in primary care**
Karen Andersen-Ranberg, University of Southern Denmark and Odense University Hospital, Odense, Denmark

**Point-of-Care-Technology for in-home assessment among older adults; a pilot and feasibility study**
Siri Aa Smedemark, MD PhD student, University of Southern Denmark

**Prevention of AcuTe admi sslioN Algorithm (PATINA) – a structured decision support system for community nurses**
Anders Fournaise, MPH, PhD student

**(Virtual) Digital tools for intersectoral care of older people in Scottish care homes and care at home services**
Moira Mackenzie, Director of Innovation, Digital Health & Care Innovation Centre (DHI), Scotland

**S39** (Room 2)

**Social isolation and loneliness during the COVID-19 pandemic – the Nordic experience**
Chair: Fredrica Nyqvist, Åbo Akademi University, Social Policy

**Befriending in Mother Tongue – difficulties reaching lonely and isolated older refugees and migrants during corona lockdown**
Christine E. Swane, EGV Foundation – Social Inclusion of Older Adults
S39 (Room 2)  
Emerging costs in a 'hidden' workforce: The longitudinal psychosocial effects of caregiving during COVID-19 among Norwegian adults  
Thomas Hansen, Norwegian Institute of Public Health, Dep. of Mental Health and Suicide; Oslo Metropolitan University

Well-being and experienced loneliness among older adults in Iceland  
Halldór S. Guðmundsson, University of Iceland, Faculty of Social Work

Engagement in leisure activities and loneliness during the COVID-19 pandemic- a later life perspective  
Fredrica Nyqvist, Åbo Akademi University, Social Policy

S40 (Room 3)  
An international perspective into involuntary treatment in older adults receiving long-term care: Building blocks for prevention and reduction  
Chairs: Michel Bleijlevens - Maastricht University, Faculty of Health, Medicine and Life Sciences, CAPHRI Care and Public Health Research Institute, Department of Health Services Research, Living Lab in Ageing and Long-term Care, Maastricht, the Netherlands; Stein Erik Fæø - Faculty of Health Studies, VID Specialized University, Bergen, Norway

Association of surveillance technology and staff opinions with physical restraint use in nursing homes: a cross-sectional study  
Lauriane Favez MSc, Institute of Nursing Science, University of Basel, Basel, Switzerland

District nurses’ attitudes towards involuntary treatment in dementia care at home: a cross-sectional study  
Vincent Moermans MSc, White Yellow Cross Limburg, Department of Nursing, Genk, Belgium and Maastricht University, Faculty of Health, Medicine and Life Sciences, CAPHRI Care and Public Health Research Institute, Department of Health Services Research, Living Lab in Ageing and Long-term Care, Maastricht, the Netherlands

Nurses Care Practices when encountering Resistance to Care from Home-Dwelling Persons with Dementia  
Åshild Gjellestad, VID Specialized University, Bergen, Norway

Professional caregivers’ perceived barriers hindering the prevention and reduction of involuntary treatment among older persons receiving long-term care  
Jules Willems MSc, Maastricht University, Faculty of Health, Medicine and Life Sciences, CAPHRI Care and Public Health Research Institute, Department of Health Services Research, Living Lab in Ageing and Long-Term Care, Maastricht, the Netherlands

S41 (Room 4)  
What are we talking about? Unravelling the concept of reablement.  
Chair: Silke F Metzeltin - Maastricht University, Care and Public Health Research Institute, Department of Health Services Research, Maastricht, The Netherlands; Living Lab in Ageing and Long-Term Care, Maastricht, The Netherlands

How did the ideas and practices of reablement spread over the world?  
Tine Rostgaard, Roskilde University, Department of Social Sciences, Denmark; Stockholm University, Department of Social Work, Sweden

Reablement in need of theories of ageing: would theories of successful ageing do?  
Marte Feiring, Oslo Metropolitan University, Faculty of Health Sciences, Department of Physiotherapy, Oslo, Norway
**S41**  
(Room 4)  
**Effects on clients’ daily functioning and common features of reablement interventions: a systematic literature review**  
Lise E Buma, Maastricht University, Care and Public Health Research Institute, Department of Health Services Research, Maastricht, The Netherlands; Living Lab in Ageing and Long-Term Care, Maastricht, The Netherlands

**Characteristics of occupational therapy and physiotherapy within the context of reablement in Swedish municipalities: A national survey**  
Magnus Zingmark, Municipality of Östersund, Health and Social Care Administration, Sweden; Umeå University Faculty of Medicine Department of Epidemiology and Global Health, Sweden; Lund University, Faculty of Medicine, Department of Health Sciences, Sweden

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**S42**  
(Room 5)  
**The interplay between malnutrition and sarcopenia in older adults across sectors: invited symposium by InBody**  
Chair: Professor Charlotte Suetta - Copenhagen University Hospital, Herlev-Gentofte and Bispebjerg-Frederiksberg, Copenhagen, Denmark

**Consequences of malnutrition and dehydration in older adults – two sides of the same story?**  
Anne Marie Beck, EATEN, University Hospital Copenhagen, Denmark

**Assessment of dehydration in a hospital setting – still room for improvement?**  
Anne Wilkens Knudsen, EATEN, University Hospital Copenhagen, Denmark Mette Holst, Aalborg University Hospital & Aalborg University, Denmark

**The link between malnutrition and sarcopenia in chronic conditions**  
Henrik Højgaard Rasmussen, Aalborg University Hospital & University Hospital Copenhagen, Denmark

**Nutrition in the transition from hospital to municipality – results from a clinical trial**  
Tina Munk, University Hospital Copenhagen, Denmark

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**S43**  
(Room 6)  
**Implementation of advance care planning in dementia with nursing home staff and family caregivers during Covid-19**  
Chair: Dr Jenny T. van der Steen, Leiden University, Netherlands

**Strategies to tailor the mySupport intervention to local characteristics and needs**  
Dr Silvia Gonella, University of Turin, Italy

**Using an educational booklet to empower nurses in advance care planning conversations with family of nursing home residents with dementia**  
Dr Laura Bavelaar, Leiden University, Netherlands

**Remote knowledge translation and exchange (KTE) strategies: Engaging staff and families in the mySupport study during COVID-19**  
Dr Irene Hartigan, University College Cork, Ireland

**Facilitators, barriers and lessons from undertaking two Advance Care Planning implementation studies remotely & online during a global pandemic**  
Dr Andrew Harding, Lancaster University, UK

**Experiences of advance care planning during the COVID-19 pandemic in long term care facilities**  
Professor Nancy Preston, Lancaster University, UK
O19  NKG oral session  
(Room 7)
Chair: Jonas Wastesson, Sweden

Frailty trends at ages 75, 85, and 95 in persons born 1895-1945: Findings from Swedish registry data
Alexandra Wennberg, Sweden

Development and field-testing of the Dementia Carer Assessment of Support Needs Tool (DeCANT)
Trine Holt Clemmensen, UCL University College Denmark

Measuring the prevalence of chronic conditions in a population aged 90 and over: the agreement between self-reported and health register data
Pauliina Halonen, Finland

The Influence of Learning on Life Satisfaction at Retirement – Results from a German Panel Study
Agnethe Orth, Germany

The Voice of Experience: Exploring Creativity and Old Age through the Ageing Actor Figure
Núria Casado-Gual, Spain

Individual characteristics associated with Covid-19 infections and severe Covid-19 in community-dwelling and nursing home older adults: a nationwide Swedish register-based study
Jonas Wastesson, Sweden

S44  The impact of the COVID-19 pandemic on older adults: results from the Longitudinal Aging Study Amsterdam
(Room 8)
Chairs: Laura A. Schaap - Vrije Universiteit Amsterdam; Emiel O. Hoogendijk - Amsterdam UMC - location VU University medical center

The Longitudinal Aging Study Amsterdam COVID-19 exposure index: Impact of the pandemic on daily functioning of older adults
Emiel O. Hoogendijk, Amsterdam UMC - location VU University medical center, Amsterdam, the Netherlands

The impact of the COVID-19 pandemic on nutrition and physical activity behaviour in older adults
Laura A. Schaap, PhD, Vrije Universiteit Amsterdam

The impact of the COVID-19 pandemic on mental health of older adults and the role of protective factors
Almar A.L. Kok, PhD, Amsterdam UMC - location VU University medical center, Amsterdam, the Netherlands

The increase of emotional and social loneliness during the pandemic: A longitudinal study (2015-2021)
Theo G. van Tilburg, PhD, Vrije Universiteit Amsterdam, Amsterdam, the Netherlands

10:15 - 10:45
Coffee break and exhibition
10:45 - 12:00 - Plenary Room

**KEYNOTE LECTURE**

*What counts more for older adults: the health or social benefits of physical activity?*

*Mark Tully* - Professor of Public Health at Ulster University & Director of the Institute of Mental Health Sciences

**KEYNOTE LECTURE**

*Preconditions for prolonging working life – between policies, civil society and the life course*

*Kène Henkens* - Professor of ageing, retirement and the Life course at the University Medical Center Groningen (UMCG-RUG); Chair in Sociology of Retirement at the University of Amsterdam (UvA).  

12:00 - 13:00

Lunch - your absolutely last chance to visit the exhibition

13:00 - 14:45 - Plenary Room

13:00 - 13:30

**LECTURE: NGF Prize for promising researcher in gerontology**

*Ida Karlsson* - Post doc, Karolinska Institutet, Sweden

13:30 - 14:00

**LECTURE: Sohlberg Nordic Prize in Gerontology**

*Professor Susanne Iwarsson* - Professor in Gerontology, University of Lund, Sweden

14:00 - 14:45

Closing Ceremony
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<td>Hanneke Smaling</td>
<td>The development of a garment-integrated artificial intelligence-based sensor system for early detection of stress in persons with impaired cognition.</td>
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<td>Kaisa Koivunen</td>
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<td>George Pavlidis</td>
<td>Social relations, loneliness and self-identity amongst older people in Sweden during the Covid-19 pandemic</td>
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